



ELORA & DISTRICT SKATING CLUB

**RETURN TO PLAY IN SUPPLEMENT TO
SKATE ONTARIO'S RETURN TO PLAY
DOCUMENTATION**

CURRENT TO SEPTEMBER 30, 2020

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PURPOSE

The purpose of this document is to provide information and guidelines regarding the return to play for the Elora & District Skating Club. This document has been prepared considering recommendations, guidelines, orders, legal requirements and regulations from Skate Canada, Skate Ontario, Wellington-Dufferin-Guelph Public Health, the Township of Centre Wellington, the County of Wellington and the Province of Ontario. This document may be updated from time to time as necessary.

SECTION 1.0 DEFINITIONS AND COMPLIANCE

1.1 DEFINED TERMS

Assessment Day – E&DSC, Skate Ontario and/or Skate Canada sanctioned evaluations where an E&DSC Coach and/or External Judge grades Skaters at the Rink.

Coaches – Elora and District Skating Club contracted and volunteer Coaches.

County – County of Wellington.

E&DSC – Elora and District Skating Club.

Event - E&DSC, Skate Ontario and/or Skate Canada sanctioned competitions, Skating Carnivals, Performance Nights and/or other organized events by these organizations.

Guardian – Parent or Legal Guardian of a Skater.

Guest Skaters – Pre-CanSkate, CanSkate, Shooting Star, StarSkate, Synchro and/or Adult Skaters not registered with E&DSC.

Public Health – Wellington-Dufferin-Guelph Public Health.

Rinks – Township of Centre Wellington rinks including Elora Community Centre Rink and Centre Wellington Sportsplex (Fergus) rinks.

Session – A designated time period where a Skater receives instruction from Coaches usually as part of a Fall or Winter Pre-Canskate, Canskate, Shooting Star,

Starskate, Synchro or Adult program(s).

Skater – Pre-Canskate, Canskate, Shooting Star, StarSkate, Synchro, Pre-Power and/or Adult Skaters registered with E&DSC.

Test Day – E&DSC, Skate Ontario and / or Skate Canada sanctioned evaluations where a non-E&DSC judge attends the Rink to grade Skaters and / or Guest Skaters.

Township – The Township of Centre Wellington.

Volunteers – include Program Assistants, Coaches, Board Members, Committee Members and Community Volunteers.

1.2 COMPLIANCE AND REGULATIONS

This Return to Play Plan is intended to follow current health & safety/COVID-19 response regulations, orders, legal requirements, recommendations and guidelines of the Township, County, Public Health, Skate Ontario, Skate Canada and the Province of Ontario. Where there is a conflict between this document and the above noted guidance/requirements, the above noted guidance and requirements shall prevail.

Every Coach, Volunteer, Skater and Guardian is responsible for implementing and complying with all Skate Ontario, Skate Canada, Public Health, Township, County, Province of Ontario and E&DSC protocols.

The following documents are required to be reviewed, signed and submitted to E&DSC prior to any Coach, Skater, Volunteer and/or Guardian attending the Rink on their first skating day and/or each time they attend a Rink:

- Acknowledgment, Release, Indemnity, and Assumption of Risk Regarding COVID-19
- E&DSC Internal Policies and Waiver(s)
- Rohan's Law Waivers
- Health Check and Tracking Information
- Skate Canada Waiver
- Township of Centre Wellington Waiver

Please see the E&DSC registration website for a full list of registration requirements.

SECTION 2.0 COVID-19 CLUB RESPONSE PLAN

2.1 COVID-19 OVERSIGHT GROUP

The following have been appointed to the E&DSC Covid-19 Oversight Group:

Name	Position	Email and/or Telephone
Crystal Humphries	President	info@eloraskatingclub.com 519-362-7923
Joanne McKee	Treasurer	info@eloraskatingclub.com
Mari-Beth Davis	Registrar	info@eloraskatingclub.com

The Covid-19 Oversight Group will be the main point of contact for any questions regarding this Return to Play Plan and other protocols/procedures regarding Covid-19. Feel free to contact any member via email and they will respond within twenty-four (24) hours under most circumstances. If the matter is of urgent health nature, please contact Public Health or call 911.

If a Skater should present any symptoms of Covid-19 as outlined by the Province of Ontario and Public Health, please follow the protocols contained in Appendix "A" to this Return to Play plan.

Should anyone attend at the Rink and not pass the Health Screening Questionnaire (copy found at Appendix "B" hereto) or becomes ill while at the Rink, the Coach or Volunteer in charge will immediately inform a member of the Oversight Group onsite who will then ensure that Public Health, Rink Staff and all Parents and Guardians at the Rink are informed immediately. ie: at the rink. The Oversight Group and/or Public Health will inform any Skaters, Coaches, Volunteers and Guardians who may have come into close contact with the ill individual. Public Health will advise who and when all affected individuals may be allowed back at the Rink.

2.1.1 COMMUNICATION

Communication regarding return to play policies and procedures will primarily be done by direct email through Uplifter. We will also post public notices on our website and social media accounts.

2.2 SCHEDULE AND PROGRAM INFORMATION

2.2.1 PARENT AND TOT

Parent and Tot will run Fridays in Fall from 5:00pm to 5:30pm. All skaters must wear a helmet.

2.2.2 CANSKATE AND SHOOTING STARS

CanSkate will only run on Tuesday in Fall 2020 and will be limited to skaters who do not require assistance standing on the ice (generally Canskate Level 2 and up). This decision will be revisited for the winter program. CanSkate will be run together from 5:00 to 5:50 pm on Tuesdays. Shooting Stars will run 6:00-6:50pm. There will be 22 spots for CanSkate and 6 spots for Shooting Stars. CanSkate and Shooting Stars will run from October 6 to December 18, 2020.

2.2.3 STARSKATE

StarSkate will run on Tuesdays and Fridays in Fall 2020. There will be no Sunday availability for StarSkate, this decision will be revisited for the winter program. StarSkate will run Tuesdays from 6:00 to 7:50 pm and from 6:00 to 7:50 pm on Fridays. There will be 15 spots for StarSkate. StarSkate and it will run from October 6, 2020 to December 18, 2020.

2.2.4 ADULT SYNCHRO

Adult Synchro will run on Sunday evenings from 7:00 to 9:00pm. While the team will be limited to remaining 2m apart on the ice, they will continue to practice, strength train and work on choreography until physical distancing measures are lifted.

2.3 SKATING OUTSIDE OF DESIGNATED RINKS

Coaches and Skaters will not be permitted to skate at rinks outside of Fergus or Elora without prior written consent from E&DSC. The Fergus and Elora Rinks are defined in Section 1.1. Guest Skaters will not be permitted during the 2020/2021 season, unless for a designated Test Day or Event, or with written permission, at which time this document will be updated.

For clarity, Coaches and Skaters will not be able to skate at multiple rinks outside of the defined Fergus and Elora Rinks on the same day without prior written consent from E&DSC.

2.4 RINK COVID-19 PROCEDURES

The following procedures will be adhered to by all Coaches, Volunteers, Skaters and / or Guardians.

- All individuals will wait outside until they are greeted by Township Staff, E&DSC Coaches or Volunteers. You must arrive twenty (20) minutes before your scheduled session or you may not be granted access to the rink. The Public Health questionnaire will be administered each time you come into the rink.
- Township staff will direct you to the assigned dressing rooms which are for skaters only. Skaters will be allowed to come back to the lobby to have their skates tied and helmets put on. Our youngest of skaters can choose not to go to a dressing room but remain in the lobby.
- Township staff will direct you when your group may leave the dressing room. This is to avoid contact with the next group coming into the arena.
- There will be no in or out access at the rink. If you enter the rink you must remain there until the end of the session.
- Only one parent/guardian allowed in the rink per skater.
- No food is allowed to be consumed inside of the rink.
- Masks worn at ALL times while at the Rink except by Skaters when on the ice.
- Washrooms – only main washrooms will be available. The Change Room washrooms will not be accessible.
- Skaters will need to come dressed ready for skating. They may carry in their skates, helmets and water bottles only.
- Personal Items will be kept at designated spots in the dressing rooms.
- Physical Distancing of 2 metres must be maintained at all time.

2.5 HEALTH SCREENING

All individuals must self-assess at home prior to coming to the rink using Skate Ontario's Health Questionnaire (Appendix "B" hereto). The Public Health Questionnaire will also be verbally performed by the Coaches and / or member of the COVID-19 Oversight Group / other designated Volunteers at each skating session before entering the Rink.

Anyone failing the Health Questionnaire inside the Rink will result in the session being cancelled for ALL skaters. **PLEASE self-assess prior to attending!**

For each session, the results of the verbal health screening at the rink, will be documented by either the Coaches and/or member of the COVID-19 Oversight Group / other designated Volunteers on the Skate Ontario Session Participation and Health Screen Tracking form (Appendix “C”) or other digital app approved by Skate Ontario. These forms will be kept by the E&DSC and made available to Public Health if requested. The session tracking forms will be retained by E&DSC for the length of time mandated by Skate Ontario.

2.6 ASSESSMENT DAYS

No Assessment Days will be scheduled before August 15, 2020. Further information regarding this season’s Assessment Days will be provided by our Test Chair.

2.7 RINK LIMITATIONS

Following Skate Ontario, Township and Provincial Guidelines the maximum on ice-skaters will be limited to 25 including coaches and PAs.

Skaters must practice social distancing of 2 meters at all times. No touching, including partnering will be permitted at this time, unless the Skaters are related and within the same bubble.

All warm-ups and off-ice training should comply with current physical distancing requirements Skate Ontario will communicate in subsequent Versions of these Protocols updated information as it becomes available.

2.8 SPECTATORS

No spectators are allowed except for the following:

- One (1) Guardian per Skater is permitted inside the Rink for any Skater age 17 and under. These spectators must wear a mask at all times and practice 2 metre physical distancing. These spectators will be required to remain in a designated area for the entire session and there will be no in / out privileges or re-entry to the Rink during the session.

2.9 PERSON PROTECTIVE EQUIPMENT (“PPE”) & HYGEINE

Education resources regarding Covid-19 health and safety measures can are provided at Appendix “D” hereto. Please take some time to review these resources.

Individuals who are considered vulnerable or at-risk (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc) should strongly consider their participation in E&DSC programs and/or activities.

Public Health requires face coverings to be worn in enclosed public spaces (with some exceptions). Therefore, it is MANDATORY that every individual wear masks when inside the Rink. There is an exception that reads: "A person engaged in a sport or other strenuous physical activity". This means when a Coach or Skater goes onto the ice they may remove their PPE but must put it back on immediately upon stepping off of the ice. All individuals are responsible for providing their own PPE.

2.10 PERSONAL ITEMS

No personal items that are unnecessary to performing the sport of skating are permitted inside the rink.

Sharing of personal items will not be permitted. Please come to the rink prepared with what the Skater will need for the entire duration of the session.

2.11 PHYSICAL DISTANCING

All individuals are required to maintain a social distance of at least 2 metres (6 feet) from each other both inside and outside of the Rink.

2.12 MUSIC

Coaches will be responsible for turning on and off music. Skaters will not be allowed to touch the ipod or any other equipment used for the playing of music. Each time the music is changed the area and equipment will be sanitized. It is recommended that each Coach bring their own music playing device to avoid cross contamination.

2.13 COACHING ON THE ICE

For Canskate and StarSkate sessions Coaches will work together to determine the best layout and use of ice for their skaters to keep with social distancing measures and using Skate Ontario's "Return to Play Protocols" document attached at Appendix "E" hereto and as amended from time to time. As well as following Skate Ontario's Guidelines for delivery standards for each program.

3.0 UPDATES TO THIS RETURN TO PLAY DOCUMENT

This document will be updated periodically on an as needed basis or as directed by the Township, Public Health, Skate Canada, Skate Ontario and / or provincial / federal governments. Please contact E&DSC to ensure this is the most current version.

Appendix “A”

Club Response to COVID-19 Symptoms, Test Results and/or Travel

A.1 IF AN INDIVIDUAL BECOMES UNWELL BEFORE OR AT THE RINK

If an individual becomes unwell with symptoms of Covid-19 prior to attending their scheduled practice time they must NOT attend the Rink and contact the Oversight Group.

If an individual becomes unwell at the Rink, or if someone is aware of an individual that becomes unwell with symptoms of Covid-19, that individual must immediately stop participation in E&DSC programs. The individual must be isolated from others in a well-ventilated area, preferably outside and provided with a face mask if available.

The unwell individual will be sent home immediately and instructed to contact Public Health and follow public health guidelines regarding self-isolation and testing. The session will be cancelled and all individuals will be sent home.

The Oversight Group will be immediately contacted and will in turn inform all Skaters, Coaches, Guardians, Rink Staff, Public Health and Skate Ontario of the incident. The Oversight Group will then track the attendance of the unwell individual and contact any other individual who may have come into close contact with the unwell individual. The Oversight Group will follow up with the unwell individual.

A.2 IF AN INDIVIDUAL HAS BEEN TESTED FOR COVID-19 (OR HAS BEEN EXPOSED TO SOMEONE WHO HAS)

Any individual that is a member of E&DSC that has been tested for Covid-19 must not participate in E&DSC programming while waiting for the results of the test. This includes all individuals who had come into contact with the individual being tested. Symptoms must also have been resolved for a minimum of 24 hours.

The Oversight Group will take the same steps as above to inform all affected individuals.

Any individual who has come in contact with an unwell individual or an individual being tested for Covid-19 must not participate in E&DSC programming and should follow public health guidelines until the diagnosis of Covid-19 is ruled out by health professionals.

A.3 IF AN INDIVIDUAL TESTS POSITIVE FOR COVID-19 (OR HAS BEEN EXPOSED TO SOMEONE WHO HAS)

If an individual tests positive for Covid-19, the individual or their Guardian must inform a member of the Oversight Group immediately. The Oversight Group will take the required steps to work with Public Health and the Rink to assist with contact tracing. The Oversight Group will inform all E&DSC members of a positive Covid-19 case but will not disclose personal details of the positive case. They will also advise the Rink and Skate Ontario (clubsupportservices@skateontario.org).

Any individual that tests positive for COVID-19 or who had come in contact with the Covid-19 positive individual must not participate in E&DSC programming for 14 days and should follow public health guidelines regarding self-isolation and testing.

A.4 RETURN TO E&DSC PROGRAMMING FOLLOWING ILLNESS OR COVID-19 TESTING

- If no Covid-19 test was performed, or the Covid-19 test was negative, the individual may only return to E&DSC programs once they no longer have any symptoms of Covid-19 for a minimum of 24 hours; OR
- If a Covid-19 positive test is received, an individual must follow all public health guidelines regarding return to activities.

A.5 TRAVEL OUTSIDE OF CANADA

Any member who themselves have travelled outside Canada, or has someone in their household who has travelled outside Canada, must self-isolate and not participate in E&DSC programs and/or activities.

In all of the above-noted scenarios, membership will be advised by Uplifter email of any program modifications, restrictions, postponements or cancellations. E&DSC will always follow public health advice regarding a safe return to play for all of its members.

APPENDIX “B”

APPENDIX “C”

**SKATE ONTARIO SESSION PARTICIPATION AND HEALTH
SCREEN TRACKING FORM**

SEE SEPARATE DOCUMENT

**APPENDIX “D”
COVID-19 EDUCATION RESOURCES**

Appendix A: COVID-19 Education Resources

Clubs/skating schools must ensure that staff, coaches, skaters, parents, members and volunteers receive education on new safety and hygiene protocols within the club / skating school. Members should be sent Government-approved information on ways to limit the spread of COVID-19.

The following links can be sent by clubs/skating schools to their members:

Ontario Public Health Public Resources: <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

The following resources are also available on the Ontario Public Health website. Please ensure you are using the most up-to-date version of these tools by consulting the address above.

Topic	Tool
Hand Hygiene	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en
Physical Distancing	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physical-distancing.pdf?la=en
How to self-monitor	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-self-monitor.pdf?la=en
When and How to Wear a Mask	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wear-mask.pdf?la=en
How to Self-Isolate	https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-self-isolate.pdf?la=en

Ministry of Health – Ontario: COVID-19 Reference Document for Symptoms:

http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf

Ontario COVID-19 Online Self-assessment Tool

<https://covid-19.ontario.ca/self-assessment/>



**APPENDIX “E”
SKATE ONTARIO – RETURN TO PLAY PROTOCOLS**

SEE SEPARATE ATTACHMENT